

# The Instant Loopitis Cure

Never get stuck in the loop again...



Step 1



Choose a tune  
you **LOVE**

Step 2



Import it into  
your **DAW**

Step 4



**Map the  
arrangement**  
on your guide track by  
naming empty midi parts

Step 3



Make an empty  
midi track  
(this is your  
guide track)

Step 5



**Delete the  
original track**

Step 6



Write your parts  
within the structure  
you've mapped out

Step 8



You now have  
a basic arrangement  
you can play with!

Step 7



Fill in the blanks  
by using the loop  
or repeat function  
on your parts



(Don't forget to save the guide midi track as a template for future use)

Do you have an ever growing pile of unfinished tracks?

Are you running out of space on your "graveyard" hard drives?

Get this Free Cheat Sheet to Revive those Dead Tunes Fast:

[mikemonday.com/free-cheat-sheet](http://mikemonday.com/free-cheat-sheet)